

Tiger Members (14 & 15 Years)

Accessing the gym unaccompanied and/or 24/7

Members who are 14 & 15 years old who have purchased a "Tiger" membership can access the gym on an ongoing basis, this includes the 24/7 gym under the following conditions;

1. The members parent/guardian signs authority for the 14/15-year-old member to access the gym outside of structured Teen Active sessions (this form).
2. That the 14/15-year-old member completes a health assessment, technique session and obtains a gym program from a MALC Gym Instructor prior to using the gym unaccompanied or 24/7 for the first time.
3. That the member can access the gym unaccompanied (following their exercise program) in advertised gym instructor staffed hours:

Gym Hours	AM	PM
Monday	7:00am - 11:30am	3:15pm - 5:45pm
Tuesday	8:00am - 12:30pm	3:15pm - 5:45pm
Wednesday	6:30am - 11:00am	3:15pm - 5:45pm
Thursday	9:00am - 1:30pm	3:15pm - 5:45pm
Friday	6:30am - 11:00am	
Saturday	8:00am - 9:00am	

However, cannot access the Centre between 8:30am and 3:00pm on school days (days students should be at school). Please note this is irrespective of whether parents/guardians have given permission to the member to have the day off school.

4. That the member can access the gym 24 hours a day, only -
 - if accompanied (at all times) by a parent or guardian who is a MALC member, and who is responsible for the members safety and access during the 24/7 visit, and
 - not during school hours 8:30am – 3pm Monday to Friday on School days
 - the 14/15-year-old member must scan their fob at reception during staffed hours or at the 24/7 entry door (when accessing 24 hour gym). Please note, the door will not open, it will only record a visit for the 14/15-year-old and entry will be granted via the accompanying parent/guardian member.
5. The member understands that the MALC reserves the right, in its discretion, to revoke 24/7 access if it is felt necessary for the safety of the member and/or the Centre or other patrons.

Members Name:

Signed Member:

Date:

Members Parent/Guardian Name:

Signed Members Parent/Guardian:

Date: