

HYDROTHERAPY POOL USAGE - GUIDE ONLY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
6:00 AM						CLOSED	CLOSED
6:30 AM							
7:00 AM							
7:30 AM						CLOSED	CLOSED
8:00 AM			7:40 AM	7:40 AM			
8:30 AM							
9:00 AM							CLOSED
9:30 AM							
10:00 AM							
10:30 AM							CLOSED
11:00 AM					10:40 AM		
11:30 AM							
12:00 PM							CLOSED
12:30 PM							
1:00 PM							
1:30 PM							CLOSED
2:00 PM							
2:30 PM							
3:00 PM							CLOSED
3:30 PM							
4:00 PM							
4:30 PM							CLOSED
5:00 PM							
5:30 PM							
6:00 PM							CLOSED
6:30 PM							
7:00 PM							

KEY

HIGH

MEDIUM

LOW

BOOKED

CLOSED

KEY
HIGH
MEDIUM
LOW
BOOKED
CLOSED

GUIDE	
HIGH	Generally High Usage
MEDIUM	Generally Medium Level Usage
LOW	Generally Lower Usage
BOOKED	Hydro Pool Unavailable due to Bookings
CLOSED	Pool Closed

NOTE

Swimmer numbers can vary each day.

This guide shows typical busy periods to help those with flexible schedules visit during usually quieter times.

For Lap Lane and Hydrotherapy Pool availability click here, note for the availability of the Hydrotherapy Pool:
 1 represents the Hydrotherapy Pool is available at this time.
 X represents the pool is either closed or no space available at this time.

