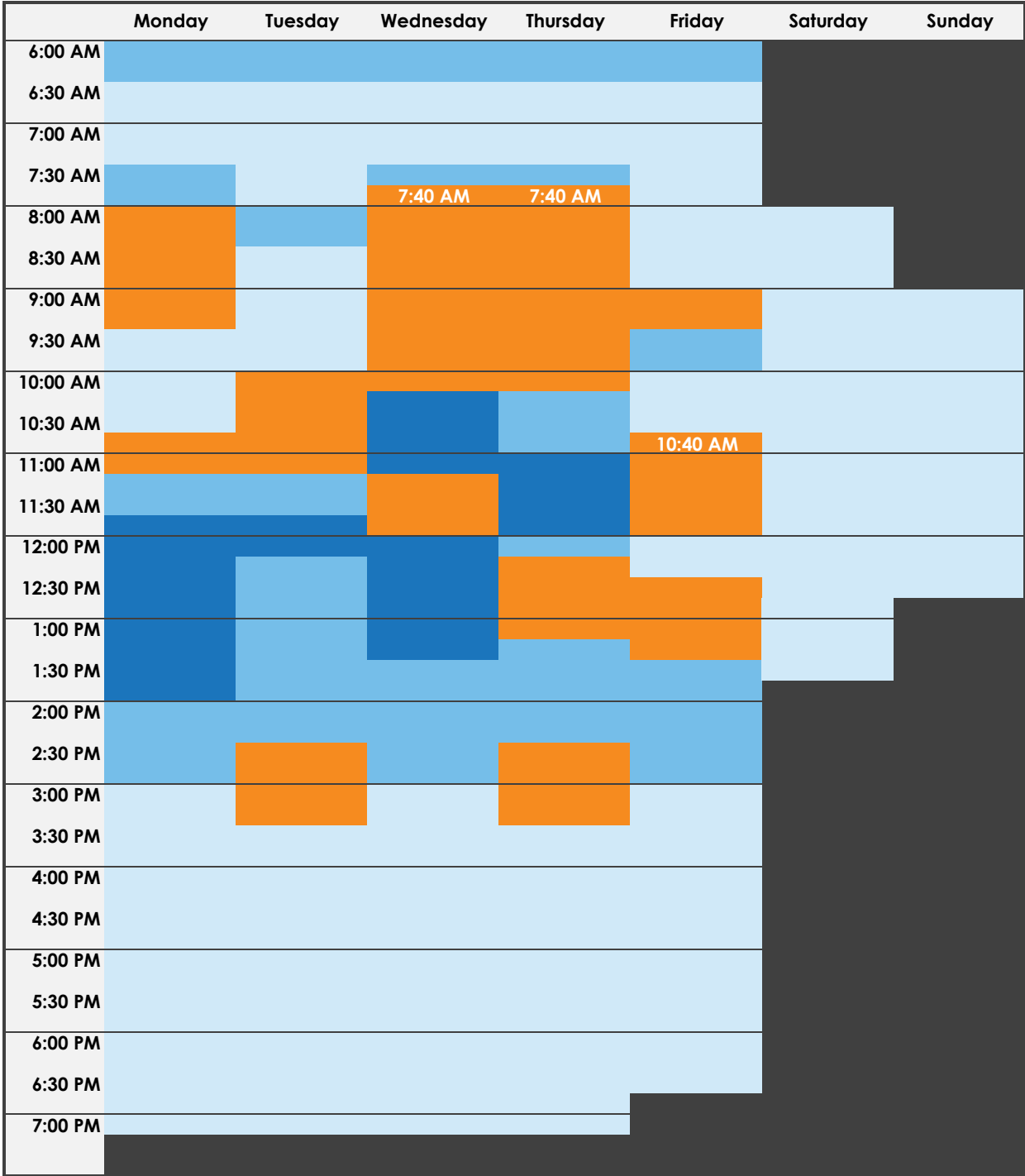


# TERM 1 2026 HYDROTHERAPY POOL USAGE - GUIDE ONLY



KEY
HIGH
MEDIUM
LOW
BOOKED
CLOSED

GUIDE	
<b>HIGH</b>	Generally High Usage
<b>MEDIUM</b>	Generally Medium Level Usage
<b>LOW</b>	Generally Lower Usage
<b>BOOKED</b>	Hydro Pool Unavailable due to Bookings
<b>CLOSED</b>	Pool Closed

**NOTE**  
Swimmer numbers can vary each day.  
This guide shows typical busy periods to help those with flexible schedules visit during usually quieter times.

[For Lap Lane and Hydrotherapy Pool availability click here, note for the availability of the Hydrotherapy Pool: 1 represents the Hydrotherapy Pool is available at this time. X represents the pool is either closed or no space available at this time.](#)

